



20>22 MARCH 2020

1st International Aikido Seminar in Belgium with

Patrick CASSIDY

6th dan Aikikai
Dojo-Cho of Aikido Montreux
Pupil of Saito Morihiro Shihan
Director of the Evolutionary Aikido
Community (EAC)



An initiative of Kokoro Aikido Dojo in collaboration with Aikido Mechelen

Sporthal Iham

**Bautersemstraat 57
2800 Mechelen**

20 MARCH

19h30-21h30 €20

21 MARCH

11h00-13h00 €20

15h00-17h00 €20

17h30-18h30

19h30

with **Frans Jacobs**, 6th dan
Dan - testing
Optional - dinner at restaurant
sign up necessary

Kokoro Aikido Dojo

**Mannenbergh 52/1
3271 Scherpenheuvel**

22 MARCH

entire day €35

10h30-11h30

12h00-14h30

sign up necessary - maximum 25 participants

Meditation

Buki Waza

Participation >14 years of age - insurance required - open to all styles and grades
Information and sign up: Jo Theys info@kokoroaikidojo.be www.kokoroaikidojo.be